

MAY

F.L. Moffett Menus



Questions or Comments?
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Monthly Promotion

May 4th - Star Wars Day



Did you know?

Water makes up about 60% of your body weight. It's important to stay hydrated during the hot summer months. Aim for 6-8 cups of water every day and even more if you are staying active.



SFE This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

	1 Breakfast Jumbo Waffles Lunch Hot Dog *Cheese Nachos Steamed Veggies <i>*Vegetarian Option (or vegetarian upon request)</i>	2 Breakfast Chicken Biscuit Lunch Grilled Cheeseburger *Sun Butter/Jelly Sandwich Baked Beans	3 Breakfast Breakfast Pizza Lunch Spaghetti/Meatballs Chicken Alfredo Steamed Carrots	4 Breakfast Biscuits/Gravy Lunch Ham & Cheese Wrap Corn Dog Steamed Broccoli
7 Breakfast Yogurt Parfait Lunch Juicy Hamburger Turkey/Cheese Sub Green Beans	8 Breakfast Eggs/Toast Lunch Fish Nuggets Hot Dog Baked Beans	9 Breakfast Breakfast on a Stick Lunch Ham & Cheese Wrap Corn Dog Steamed Carrots	10 Breakfast Sausage Morning Roll Lunch Chicken Alfredo Spaghetti/Meatballs Steamed Broccoli	11 Breakfast Blueberry Waffles Lunch Beef Fingers Grilled Chicken Sandwich Peppered Corn
14 Breakfast Breakfast on a Stick Lunch Juicy Hamburger Corn Dog 5 Way Mixed Vegetables	15 Breakfast Sausage Biscuit Lunch *Grilled Cheese Chicken Nuggets/ Roll Potato Wedges	16 Breakfast French Toast Sticks Lunch Fish Filet Zesty Orange Chicken Steamed Broccoli	17 Breakfast Eggs/Toast Lunch Hot Dog East Coast Italian Wrap Steamed Carrots	18 Breakfast Blueberry Pancakes Lunch *Cheesy Nachos Chicken Sandwich Charro Beans
21 Breakfast Jumbo Waffles Lunch Hot Dog *Cheesy Nachos Steamed Veggies	22 Breakfast Chicken Biscuit Lunch Grilled Cheeseburger *Sun Butter/Jelly Sandwich Baked Beans	23 Breakfast Breakfast Pizza Lunch Spaghetti/Meatballs Chicken Alfredo Steamed Carrots	24 Breakfast Biscuits & Gravy Lunch Ham & Cheese Wrap Corn Dog Steamed Broccoli	25
28 	29 	30 	31 	Fresh Fruit Selection & Reduced Sugar Cereals Available Daily at Breakfast 

Breakfast Meal Price: Paid \$1.30 / Reduced \$0.30 Lunch Meal Price: Paid \$2.55 / Reduced \$0.40 Adult Meal Price: \$3.55